



Revised, August 1, 1996

## **ARTICLE I: NAME**

The name of the organization shall be the CANADIAN ARMWRESTLING FEDERATION, hereinafter referred to as the CAWF.

## **ARTICLE II: PURPOSE**

Section 1 The business purpose of the CAWF is to oversee organization, promotion and refereeing of the sport of armwrestling in Canada.

Section 2 Setting out guidelines for the provinces and regions to abide by in regards to stand-up and sit-down armwrestling nationally.

Section 3 Issuing, setting and modifying rules for both stand-up and sit-down styles of armwrestling to be used nationally.

Section 4 Establishing a method of funding for the CAWF and affiliated Federations, Associations, and Clubs in Canada.

Section 5 Maintaining a close contact with the World Armwrestling Federation (WAF) and coordinating communication between the two Federations.

## **ARTICLE III: MEMBERSHIP**

Section 1 The CAWF shall have members who may be individuals, firms, associations, groups, institutions, businesses, and other like agencies. There shall be one class of member.

Section 2 Membership can be secured by demonstrating interest in the aims of the CAWF through applying for membership and paying prescribed fees. Membership fee paid entitles holder to quarterly magazine/newsletter & membership card.

Section 3 Membership fees are determined by the Board of Directors and may be paid to Provincial Body or national meeting.

Section 4 Any member of the CAWF may withdraw from the CAWF by notice to the CAWF, but upon such withdrawal the member shall not be entitled to a refund of any portion of the fees that has been paid. If any member is in arrears for yearly fee, such member shall be automatically suspended at the expiration of (6) months from the end of such year and shall thereafter not be entitled to any membership privileges or powers in the CAWF until reinstated.

Section 5 The Directors, upon a (2/3) two-thirds vote of the persons present at the meeting of Directors, may suspend or expel any member whose conduct is such as to bring discredit to the CAWF. No member shall be suspended or expelled unless given a 30 day notice in writing of the meeting of the Directors with a statement of the nature of the complaint filed against them. The person complained against shall have the privilege to attend the meeting and to be heard by the Directors. If, after hearing the person complained against, (2/3) two-thirds of the Directors vote for expulsion the member shall be expelled and thereupon will cease to be a member of the CAWF.

## **ARTICLE IV: BOARD OF DIRECTORS**

Section 1 The supervision and control of the CAWF shall reside in the hands of Board of Directors, hereinafter referred to as the "Directors".

Section 2 The Board of Directors shall be composed of a minimum of (12) twelve Directors. In arriving at the membership, representation shall include members from each Provinces, Territories, or Regions as seen fit. Directors shall be elected for a two (2) year term at the Annual Meeting of the CAWF. Each Province, Territory, or Region may have has many representatives as deemed fit to represent them especially when circumstances such as population or size of area come into play. Explanation being, the more to represent the areas the better channel of information going out.

Section 3 Any vacancy in the Board of Directors shall be filled by appointment for the balance of the term by the Board of Directors.

Section 4 The office of a member of the Directors shall be vacated if: a) the person ceases to be a member of the CAWF b) by notice in writing to the CAWF, he/she resigns his/her post.

Section 5 The Directors shall serve without remuneration.

## **ARTICLE V: DUTIES OF THE DIRECTORS**

Section 1 The supervision and control of the CAWF shall be managed by the Directors.

Section 2 The Directors shall be solely responsible for the securing, controlling and accounting of the finances of the CAWF.

Section 3 The Directors shall be solely responsible for proper recognition of those who excel in the sport of Armwrestling or in promoting the aims of the CAWF.

## **ARTICLE VI: OFFICERS**

Section 1 The officers of the CAWF shall consist of the Chairman, Vice-Chairman, Secretary, Assistant Secretary, Treasurer, and Past Chairman and such other officers as the Directors may from time to time appoint.

Section 2 The officers shall be elected by the directors from among their members at the first meeting of the Directors after the annual election of the Directors.

Section 3 The officers shall be elected for a term of (2) two years.

Section 4 The chairman shall preside at all meetings of the Board of the CAWF. In the event that the Chairman is unable to attend, the Vice-Chairman shall preside at the meetings and if the Vice-Chairman is unable to attend, the Chairman will appoint one of the Directors to act as Chairman of the meeting.

Section 5 The Chairman shall be a non-voting member of all committees. The Chairman shall render a written report at the Annual Meeting on the activities of the organization.

Section 6 The Vice-Chairman shall perform all of the duties of the Chairman in his/her absence as required.

Section 7 The treasurer shall be responsible to see that full and accurate accounts for the receipts and disbursements of the CAWF are maintained, will tender a written report at each meeting and present an annual financial report at the Annual Meeting.

Section 8 The Secretary shall maintain minutes of each meeting, carry on general correspondence of the CAWF, and issue notices of all general meetings.

Section 9 Committees will be formed as needed regarding Western, Eastern, and National Championships, for example.

## **ARTICLE VII: PROCEEDINGS OF DIRECTORS**

Section 1 The meeting of Directors may be called by the Chairman. A meeting of Directors must be called by the Chairman on the written request of (3) three Directors.

Section 2 Six (6) Directors shall constitute a quorum for the purpose of a meeting of the Directors.

## **ARTICLE VIII: ANNUAL MEETING**

Section 1 The Annual Meeting of the CAWF shall be held the day before the National Armwrestling Championships.

Section 2 Notice of the Annual Meeting shall be mailed to the membership at least 90 days prior to the meeting.

Section 3 At every Annual Meeting, there shall be presented a report of the Chairman, report of the Treasurer, along with the presentation of an annual financial statement and reports of the Chairman of any standing committee.

Section 4 The election of the Executive & Directors who are chosen by election shall take place at the Annual Meeting.

Section 5 Amendments to the bylaws of the CAWF may be approved at the Annual Meeting. Notice of such amendments must be provided in writing by a member, supported by a seconder, to the Directors at least (28) twenty-eight days before the meeting is to take place and shall be included in the notice of the Annual Meeting provided to each member. The amendment shall only be made after the motion to amend has been passed by a (2/3) two-thirds majority of those present and eligible to vote at the Annual Meeting.

Section 6 Voting shall be a show of hands except where a ballot is requested by at least (5) five members. All votes shall be a majority. Voting will be allowed by members of current good standing only.

Section 7 Only the Provincial President's or delegate will be allowed to attend the Annual Meeting. Special requests may be made to have a spectator sit in on the meeting to address a certain topic The spectator will have no voting privileges and no right of speech unless addressed.

## **ARTICLE IX: SPECIAL MEETINGS**

Meetings of the members of the CAWF other than the Annual Meeting shall be known as Special Meetings.

Section 1 Special meetings may be called by the Chairman. The Chairman shall call a Special Meeting when requested to do so by (10) or more members.

## **ARTICLE X: CUSTODY AND USE OF CAWF LOGO AND SEAL**

THE SEAL: Section 1 The CAWF shall adopt an engraved seal which shall be in the usual form, bearing upon its face the words "CANADIAN ARMWRESTLING FEDERATION" The seal of the CAWF shall be in the custody of the Chairman or such other person as may be designated by the Directors and all papers or documents required to be sealed on behalf of the CAWF shall be sealed in the presence of such persons as may be designated by resolutions of the Directors.

THE LOGO: Section 1 The CAWF shall adopt the logo from the Canadian Armwrestling Association, denoting the proper name changes in honour of the late John Miazdzyk who originally founded the Canadian Armwrestling Association and designed the logo. The use of this logo or any reproduction can only be done by the written request to the CAWF and by return permission from the CAWF. The logo is to appear on all CAWF literature, letterheads and National Team suits.

## **ARTICLE XI: SIGNING AUTHORITY**

Any (2) two of the following may be authorized to draw and sign cheques, bills of exchange and other negotiable instruments: Chairman, Vice-Chairman, Secretary and Treasurer.

## **ARTICLE XII: AUDITS**

The accounts of the CAWF shall be audited by an auditor appointed at the Annual General Meeting of the CAWF.